

Produktinformation infrarødt saunatæppe fra HIGHERDOSE

Specifikationer

Farver: sort

Varme zoner: 1

Fjernbetjening: Håndholdt hvid fjernbetjening

Display: 1-8 niveauer

Volt: 220v

Effekt: 350-420 watts

Ampere: 4-5

Timer indstilling: Op til 1 time

Elektrisk felt: Lav EMF

Garanti: Et års garanti fra producenten

Størrelse: 180 x 180 cm, udslået. Maksimal indvendig omkreds når tæppet bruges er 165 cm.

Producent: www.higherdose.com



Salgspris inkl. Fragt og moms

- Kr. 5.600

Er du i tvivl om tæppet er det rette køb for dig, kan du leje det i en uge for kr. 500. Hvis du herefter vælger at købe tæppet, modregnes kr. 500 i salgsprisen.

Lejepris inkl. moms

- 14 dage kr. 1.000
- 1 måned kr. 1.500

Dokumenterede fordele ved infrarød sauna

- Stress reduktion (1)
- Reduceret depression (2)
- Lindring/restitution af ømme muskler (3)

- Lindring af ledsmerter såsom gigt (4)
- Lindring af kroniske smerter (5)
- Udrensning (6,7)
- Sårheling (8)
- Nedsatte bivirkninger af diabetes (9)
- Reducerede symptomer på kronisk træthedssyndrom (10)

Referencer

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2. The effects of repeated thermal therapy for patients with chronic pain
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3. Effects of far-infrared sauna bathing on recovery from strength and endurance training sessions in men (<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4493260/>)
4. Infrared sauna in patients with rheumatoid arthritis and ankylosing spondylitis. A pilot study showing good tolerance, short-term improvement of pain and stiffness, and a trend towards long-term beneficial effects (<https://pubmed.ncbi.nlm.nih.gov/18685882/>)
5. Infrared therapy for chronic low back pain: A randomized, controlled trial
(<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC2539004/>)
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7. Arsenic, Cadmium, Lead, and Mercury in Sweat: A Systematic Review
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9. The effects of repeated thermal therapy on quality of life in patients with type II diabetes mellitus
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